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Marco Van Basten undergoes ankle surgery: successful operation in Pisa

The former AC Milan champion underwent surgery to improve his mobility and reduce pain in his ankle.

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L'ex campione del Milan si è sottoposto a un intervento per migliorare la mobilità e ridurre il dolore alla caviglia.



Van Basten has always suffered from the fragility of his right ankle, as he himself recounts in his autobiography, "Marco Van Basten. Fragile"; now he has chosen to rely on the Dutchman Niek Van Dijk, his trusted orthopedist and world authority in the field of arthroscopy and ankle surgery. "Today - Van Basten's words a few hours after the operation - I don't feel much pain, the doctor told me that everything went very well. It wasn't a very heavy operation".

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"I chose San Rossore thanks to Professor Van Dijk, who suggested this facility to me: I had to have another operation because my ankle was hurting a lot - Van Basten explains, thanking his surgeon - They fixed my ankle in '96, then Van Dijk operated on me in '98 and in 2010 he cleaned my ankle giving me new possibilities of movement. I always do a bit of sport, it's good for the mind and body. But you have to be careful not to overdo it, if you ask too much of your body you have to understand how far you can go, or you end up like me...", the recommendation with which the former Rossoneri player said goodbye to Pisa returning to Holland.

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"Van Basten's range of motion in his ankle and foot joints was increasingly limited and painful," Van Dijk stressed immediately after the operation. "The operation was necessary to increase the movement of his ankle and foot joints and reduce the pain. It went really well, and I expect a full recovery in 6 weeks." Van Dijk, who works alone with the Casa di Cura San Rossore in Italy, had also operated on Italy goalkeeper Guglielmo Vicario in Pisa in November, and over time on champions from Cristiano Ronaldo to Joao Felix.

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